



TOURS AND

TREKKINGS

CHIRAPA MANTA

ECOLOGDE - RETREAT CENTER



ADVENTURE TREKS

“CORDILLERA ESCALERA” VIEWPOINT

A 3-4 hour trek through the tropical mountains to enjoy a panoramic view of the jaw-dropping landscape of the “Cordillera Escalera” conservation area, the last mountain chain before getting to the lower area of the Amazon Rainforest.

×	PRICE PER PERSON	S/ 100
×	PRICE PER PERSON (FOR 2)	S/ 80
×	PRICE PER PERSONA (3 +)	S/ 65

ACTIVITY BY







TOURS AND TREKS

ADITIONAL INFORMATION

HALF DAY

- ✕ **INCLUDES** Lunch and guidance.
- ✕ **FOR WHOM?** Anyone, kids older than 8 years old.
- ✕ **DIFFICULTY LEVEL** Moderate, strong uphill.

HOURS

MORNING SHIFT

- ✕ **DEPARTURE TIME** 9:30

ADVENTURE TREKS

AÑAQUIWI CREEK

A 3 to 4 Hours long trek to the clear waters of Añaquiwi, a creek inside the “Cordillera Escalera” conservation area. We will walk through pristine landscapes where we can encounter butterflies, amphibians, and orchids.

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- × PRICE PER PERSON s/ 100
 - × PRICE PER PERSON (FOR 2) s/ 80
 - × PRICE PER PERSON (3 +) s/ 65
-



ACTIVITY BY





TOURS AND TREKS

ADITIONAL INFORMATION

HALF DAY

- x INCLUDES Lunch, guidance, and conservation payment.
- x FOR WHOM? Anyone, kids older than 8 years old.
- x LEVEL OF DIFFICULTY Moderate, strong uphill.

HOURS

- x DEPARTURE TIME 9:30am

VIEWPOINT + AÑAQUIWI PACK

- x INCLUDES Lunch box
- x PRICE PER PERSON s/ 155 (1 per.) s/ 130 (2 per.) s/ 100 (3+ per.)

TOURS AND TREKS

HUACAMAILLO WATERFALL

A Fun 1.5-hour trek (total of 3 hours). The trek starts in San Antonio de Cumbaza, a town 15 minutes away from Chirapa Manta.

We will walk alongside the Cumbaza river, enjoying its refreshing water until we get to the cascade. The brave ones can adventure themselves to jump from one of the cliffs, close to the waterfall.

×	PRICE PER PERSON	S/ 165
×	2 PERSON	S/ 110
×	3 + PERSON	S/ 90





TOURS AND TREKS

ADDITIONAL INFORMATION

FULL DAY

- ✕ INCLUDES Transportation, lunch box, guidance.
- ✕ SEASON Not available during rainy season.
- ✕ FOR WHOM? Anyone, kids older than 8 years old.
- ✕ LEVEL OF DIFFICULTY Easy. With a few river crossings and a moderate uphill stretch.

HOURS

MORNING SHIFT

- ✕ DEPARTURE TIME 9:30

TOURS AND TREKS

LEARNING ABOUT CACAO

Visit a local family farm, where you can learn more about the cacao fruit and the artisanal process to turn it into chocolate. Here, you'll be able to see all the different varieties of cacao and other native foods.

× PRICE PER PERSON * AVAILABLE FOR 2 +

× 2 PERSON S/ 70

× 3 + PERSON S/ 65

× 4 + PERSON S/ 60





TOURS AND TREKS

ADITIONAL INFORMATION

HALF DAY

- ✕ **INCLUDES** Snack, guidance, and artisanal cacao tasting.
- ✕ **FOR WHOM?** Anyone, kids older than 8 years old.
- ✕ **LEVEL OF DIFFICULTY** Easy.

HOURS

MORNING SHIFT

- ✕ **DEPARTURE TIME** 10:00am

TOURS AND TREKS

NATIVE CONNECTION

A 13 km trek to the native Quichwa Lamista community of Chirikyacu, where you will have an immersive experience, learning about their traditions and ancestral ceramic or weaving techniques (chumbes). On the way there you will enjoy the beautiful landscapes of the tropical mountains.

✕ PRICE PER PERSON * AVAILABLE FOR 2 +

✕ 2 PERSONS S/ 165

✕ 3 + PERSONS S/ 140



ACTIVITY BY





TOURS AND TREKS

INCLUDES

FULL DAY

- × LOCAL TOUR GUIDE.
- × TREKKING TO THE COMMUNITY.
- × ARTISANAL WORKSHOP WITH THE WEAVER WOMEN "WARMI AMADORAS"
- × FLORA, FAUNA, AND "QUECHUA-LAMAS" CULTURE.
- × SNACKS, LUNCH WITH THE COMMUNITY, AND COFFEE.
- × FIRST AIDS KIT.

TOURS AND TREKS

AHUASHIYACU

Visit one of the favorite destinations on the way to Yurimaguas, inside the “Cordillera Escalera” conservation area. Ahuasiyacu is a beautiful waterfall with an easy access path. During your walk, you will find infographics about the flora and fauna of the area.

✕ INCLUDES

Transportation Tarapoto – Ahuashiyacu, guidance, entry tickets.

✕ PRICE PER PERSON

S/ 60 (make it a full-day experience including the Lamas tour first, * lunch is not included)





TOURS AND TREKS

ROUTE

✕ ROUTE

San Roque – Tarapoto (aditonal fee) –
Ahuashiyacu – Tarapoto – San Roque
(aditonal fee)

✕ TRAVEL TIME

45 min – 25 min – 20 min – 40 min – 45 min

HOURS

MORNING SHIFT

✕ DEPARTURE TIME

8:00 a.m. (from Chirapa Manta)

TOURS AND TREKS

VISIT LAMAS

Lamas is the folklore Capital of the San Martín Region and is an ideal destination for coffee and cacao lovers. Here you can meet the biggest ‘Quechua Lamista’ native community, where you will learn about their traditions and artisanal practices.

You can also visit the Lamas Castle, a modern construction that replicates the traditional medieval style, there you can also have an amazing view of the Tarapoto valley.

✕ INCLUDES

Transportation Tarapoto -
Lamas, guidance, entry
ticket to the Castle.

✕ PRICE PER PERSON

S/ 60





TOURS AND TREKS

ROUTE

✕	ROUTE	San Roque – Tarapoto (adicional fee) – Lamas – Tarapoto – San Roque (adicional fee)
✕	TRAVEL TIME	35 min – 25 min – 35 min

HOURS

✕	DEPARTURE TIME	2:00 p.m. (from Chirapa Manta)/ or you can add this experience to the Ahuashiyacu tour to make it a full day)
✕	RETURNING TIME	6:30 p.m.

TOURS AND TREKS

PISHURAYACU WATERFALL

Visit this heavenly spot on the way to Yurimaguas, inside the “Cordillera Escalera” conservation area. You can access this place after a 20 minutes walk, where you will immerse yourself in a magical landscape full of waterfalls and hot springs.

✕ INCLUDES Transportation Tarapoto -
Pishurayacu, entry ticket,
guidance, lunch box.

✕ PRICE PER PERSON s/100





TOURS AND TREKS

ROUTE

HALF DAY

✕ **ROUTE** San Roque - Tarapoto - San Roque (adicional fee)
Tarapoto - Pishurayacu - Tarapoto (included)

✕ **TRAVEL TIME** 35 min - 1 h - 35 min

HOURS

MORNING SHIFT

✕ **DEPARTURE TIME** 7:50 am (from Chirapa)

TOURS AND TREKS

“EL SALTO DE LAS
BRUJAS”
WATERFALL

We'll embark on the 'Irsa Norte' road, towards Yurimaguas, and when we arrive at our destination, we'll take a walk into the jungle, enjoying the many natural pools along the way.

- ✕ INCLUDED Transportation Tarapoto - Salto de la Bruja, lunch, entry ticket, guidance.
- ✕ PRICE PER PERSON S/100





TOURS AND TREKS

ROUTE

HALF DAY

× ROUTE

San Roque - Tarapoto - San Roque (adicional fee)
Tarapoto - Salto de las Brujas - Tarapoto (included)

× TRAVEL TIME

35 min - 1hr 30min - 35min

× TREKKING TIME

45 min

HOURS

MORNING SHIFT

× DEPARTURE TIME

7:50am (from Chirapa)

TOURS AND TREKS

SAUCE – BLUE LAGOON

Visit the emblematic Blue Lagoon, where you can take a boat trip around the lake and enjoy the beautiful landscapes.

✕ INCLUDES Transportation Tarapoto – Sauce, boat ride.

✕ PRICE PER PERSON s/105





TOURS AND TREKS

ROUTE

FULL DAY

✕ ROUTE

San Roque - Tarapoto - San Roque (adicional fee)
Tarapoto - Sauce - Tarapoto (included)

✕ TRAVEL TIME

35 min - 1 h 40 min - 35 min

HOURS

MORNING SHIFT

✕ DEPARTURE TIME

7:50am (from Chirapa)

TOURS AND TREKS

RAPPEL IN TALLIQUIHUI WATERFALL

The Talliquihui waterfall is located south of San Martin, in the Dorado Province (km 25 'Sisa' road). This waterfall is 15 meters high, which makes it perfect for rappelling, using the right equipment. This activity is organized by WILKAT ADVENTURE.

×	INCLUDES	Transportation, security equipment, entry ticket, and first aid kit.
×	PRICE PER PERSON	s/ 140 (at least 2 people)

ACTIVITY BY



Wilkat Adventure





TOURS AND TREKS

ITINERARY

HALF DAY

- ✕ DEPARTURE FROM TARAPOTO TO THE WATERFALL 45 min
- ✕ TREKKING TO THE WATERFALL 2 min
- ✕ RAPPELING INSTRUCTIONS

HOURS

MORNING SHIFT

- ✕ DEPARTURE TIME 8:00am
- ✕ ARRIVAL TIME 1:00pm

AFTERNOON SHIFT

- ✕ DEPARTURE TIME 2:00pm
- ✕ ARRIVAL TIME 6:45pm

TOURS AND TREKS

TREE CLIMBING

10 meters tree climbing, in the Andiviela area, 25 minutes away from Tarapoto, where you can discover the dry forest and the rice and cane fields. Activity organize by WILKAT ADVENTURE.

✕ INCLUDES Tree climbing, security equipment (helmets, security rope, and harness), climbing instructor, and first aid kit.

✕ PRICE PER PERSON S/ 130



ACTIVITY BY





TOURS AND TREKS

HOURS

MORNING SHIFT

✕ **DEPARTURE TIME** 8:00am

✕ **ARRIVAL TIME** 12:30m

AFTERNOON SHIFT

✕ **DEPARTURE TIME** 2:00pm

✕ **ARRIVAL TIME** 6:30pm



THANK YOU!

CHIRAPA MANTA

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